



Town of Enfield



Regional Organizations



Advance Transit, Inc.

In FY 2016 6,229 passenger trips were boarded on Advance Transit within the Town of Enfield. This is less than FY 2015, but ahead of FY 2014. Overall, passenger trips on AT's fixed route system increased 1.9% to 604,209 despite continued low gas prices. This marks a new record and the first time fixed route ridership has surpassed 600,000. AT maintained the same services in 2016 with seven scheduled runs each weekday between Canaan and Lebanon with connections to destinations in Hanover, West Lebanon, and White River Junction.

Perhaps you don't drive, but if you do, you are probably enjoying some extra savings due to falling gas prices; save even more by commuting on Advance Transit's FREE bus service. Our sponsors invest in free transit service as a way of reducing the number of cars in congested areas including downtown Hanover, on the Dartmouth College campus, and at the Dartmouth-Hitchcock Medical Center. If you are not familiar with our services, you can plan your trip by visiting our website www.advancetransit.com or by using Google Transit. Better yet, ***download the new smartphone application for free.*** Just go to the app store and search "advancetransit." If you would rather talk live with a real customer service person, you can call our offices at 802-295-1824, 8-4:30, Monday through Friday. Need help learning to navigate the Advance Transit system? We offer free travel training to groups and individuals. Let us know if we can assist. If you don't live or work near a bus route, but would like help finding carpool partners, check out our Upper Valley Rideshare service.

Advance Transit's mission is: "To help assure the continued growth, livability, and accessibility of Upper Valley communities by offering safe, effective, and friendly public transportation and rideshare services to persons regardless of age, sex, race, or disability."

Thank you for helping to support public transportation in your community.



Van Chesnut
Executive Director



Court Appointed Special Advocates (CASA) of New Hampshire

Mission: Court Appointed Special Advocates (CASA) of New Hampshire strives to protect the rights of our state's most vulnerable children to live, learn and grow in the embrace of a loving family. Our purpose is to provide well-trained and caring Guardian ad Litem (GALs) for abused and neglected children who come to the attention of New Hampshire's courts through no fault of their own.

Our trained volunteer advocates speak for abused and neglected children's best interests in New Hampshire's family court system- including Lebanon Circuit Court, the court that serves children from the Town of Enfield.

	Statewide	Lebanon Circuit Court
Children served in 2016	1,273 children	26 children

Currently, our trained volunteer advocates speak for children's best interests in about 78% of the abuse cases that came to NH's Family Court system. Since 1989, CASA of New Hampshire has served nearly 10,000 victimized children in our state.

Although the goal of a CASA advocate is to ensure that victimized children are placed in stable and permanent homes, there is still a constant flux of children in and out of the child protective system. These children are often relocated multiple times throughout the course of an abuse/neglect case- moving from one foster or relative home to another and transferring schools multiple times a year. Your support helps children who are in a relative placement or foster home in the Town of Enfield, children who use the Enfield school system, or children with relatives/caretakers in Enfield.





Crystal Lake Improvement Association

The Crystal Lake Improvement Association had another successful year protecting Crystal Lake and its environs. For the 28th year the Association provided weekly water quality services in cooperation with the University of NH Lay Lakes Monitoring Program. The continuing involvement in this program has provided a sound long term history of the quality of the water and environment of Crystal Lake. In addition, our active Weed Watching program kept close watch for the possible invasive species that are creating so many problems for lakes in NH. The Association also was involved in the NH LAKES successful Lake Host Program again providing volunteers and cash donations in support of the boat inspections at the public ramp. This effort provided volunteer inspectors (Lake Hosts) for weekday coverage and additional funding for coverage of the ramp for 12 hours daily on weekends and holidays. This program has been ongoing for 15 years and provides the additional benefit of public information and assistance as well as boat inspection and boater education services. Each of these efforts provides immeasurable support to Crystal Lake and the surrounding environs.

Community enhancement programs such as the annual roadside cleanup, annual picnic, and our 9th annual Independence Day Boat Parade were, as always, greatly successful. Each year we hold our annual summer picnic at the Boys Camp with a roasted pig, roast corn, various salads and side dishes provided by the folks attending, and the ever popular ice cream sundaes. We also provide games and pony rides for the youngsters who attend. The Boat Parade is a great chance for boaters to get out in a large group and celebrate the day and is quite popular among resident and nonresident spectators as well. Boaters have the option of taking part in our boat decorating contest. Judges select the three most interesting creations (which can prove to be a difficult task) to receive prizes rewarding their efforts.

Glyn Green
President



Enfield Historical Society

Knowledge of the Past Enlightens the Future

The Enfield Historical Society presented its programs during the fiscal year 2015-2016 with much success. The Society corroborated with the NH Humanities Council two programs that drew seventy-nine people. Rebecca Rule shared humorous stories of the traditional New Hampshire town meeting. Steve Taylor presented a program about 19th century poor houses and town farms. The Society also heard and participated in related local subjects, such as, the Foster family in the Wolfeboro Road area of Etna; a program on the “Big Trees” of NH by Kevin Martin; and Enfield’s Old Home Days program at the Lockehaven School House. The re-enactment of a school day during the 1800’s instructed thirty persons about the clothing of the period, writing utensils, books, recitations, and stories of past school history. This program was led by teacher, Lisa Torres. Total visitors to the School House Museum during the open 2016 season reached ninety-two.

The Enfield Center Museum, housing displays of Enfield related artifacts, is open by appointment by contacting Town and Society Historian, Marjorie Carr at 632-7740, or Kathy Ford, 632-4675. Arrangements for special tours at either museum, may be made with the same contacts. Questions on historical or genealogical records may be addressed to the Historian. Donations of small artifacts, photographs, post cards, and documents that enhance Enfield history are appreciated. The Society’s program brochure may be picked up at the Mascoma Savings Bank, Enfield Public Library, and the Shaker Museum.

The Society’s history, ***Enfield, New Hampshire, 1761-2000: The History of a Town Influenced by the Shakers*** is available for purchase at the Enfield Public Library, the Shaker Museum, Mascoma Savings Bank, and through the Society.

Any one may become a member of the Society and everyone is encouraged to attend the programs presented. Information may be obtained by inquiry to the Society at P.O. Box 612, Enfield, NH 03748, or by contacting the above named individuals.

Come, see what we are about.

Kathy Ford
Secretary



Enfield Shaker Museum

...preserving the Enfield Shaker legacy

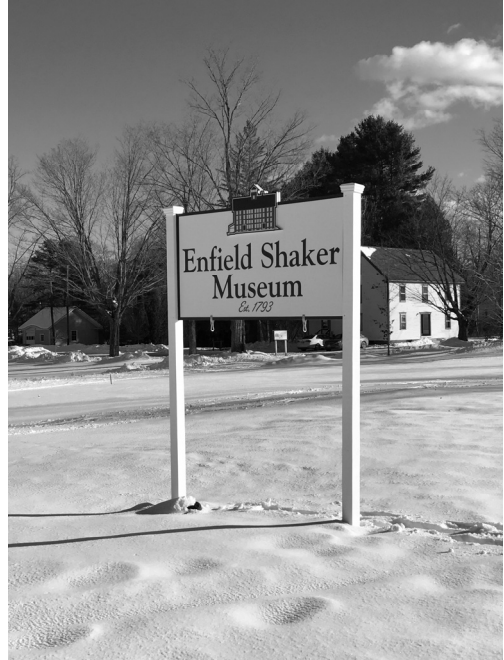
Dear Enfield Residents,

Does your interest in the Enfield Shaker Museum lie in the history of the Enfield Shaker Village and the Shakers? Or, is it in the architecture of the buildings? I believe the significance of our Museum goes beyond these historical aspects. I believe it is a place to build a more meaningful life for you, your family and friends. Not only is it a place to visit, tour, and learn town history, it is a place to volunteer, a place to hold important family gatherings, a place to attend events, a place to meet new people in our programs and workshops, and a place to work.

Our goal is to provide experiences that build memories and nurture your soul right here at home in Enfield.

Ask yourself, what draws you to our site on Route 4A and how has it impacted your life this past year? Did you...

Celebrate a family or friend's wedding here ~ House your family or guests in the Great Stone Dwelling ~ Win your favorite tree at our Festival of Trees ~ Toast marshmallows during our annual Snowshoe Festival ~ Send your children or grandchildren to our seasonal camps ~ Learn about nineteenth century sectarian medicine at our annual Spring Shaker Forum ~ Show a 4th grader how to churn butter ~ Dig on the site of the old Blacksmith Shop or Tannery with archaeology professionals ~ Watch your garden grow and enjoy the bounty of your sowing ~ Sing patriotic songs on July 4th with our community in the Mary Keane Chapel ~ Hike to Smith Pond and discover a waterfall ~ Clear overgrown trees and brush creating a picturesque Shaker landscape ~ Take a special tour to the spiritual Feast Ground on Shaker Mountain ~ Paint the butternut clapboards for the





Brethren's East Shop restoration ~ visit our children's exhibit in the 1854 Cow Barn ~ See Mt. Cardigan from atop the cupola on a clear fall day during our Harvest Festival ~ Share a sumptuous meal with family or friends in the Shaker Dining Room

I hope you were "delighted, enlightened, moved and changed" by your experience with us and that you will continue to stop in and visit your hometown Museum. If you haven't visited the Museum lately, check out our calendar of events on our website www.shakermuseum.org or our Facebook page.

Always remember, Enfield residents receive free admission!



ENFIELD SHAKER MUSEUM

447 NH Route 4A

Enfield, NH 03748

(603) 632-4346

www.shakermuseum.org

Sincerely,

Dolores Struckhoff
Executive Director



Enfield Village Association

EVA's mission: to bring the community together to initiate and facilitate activities and projects that enhance the Town of Enfield's cultural, historical, recreational and natural resources, while promoting economic development.

In 2016, EVA's signature accomplishment was the completion of the historic Greeley House renovation. A family moved into the energy efficient apartment in June, and EVA has permanent office space at 3 Shaker Hill Road. The Greeley House committee did an amazing job over three years to write grants, raise the money, manage the renovation, find tenants and ensure a plan for continued property management.



The Events Committee co-hosted a "Meet the Candidates Night", Green Up Day, Shaker 7 Road Race, Home Town Holidays as well as participating in the Old Home Days and Small Business Saturday.

The Beautification Committee has continued to enhance the downtown with holiday lights and flowers throughout the spring/summer/fall. They are also the committee behind the many colorful scarecrows all along the Rail Trail and in front of a number of businesses in the late fall.



EVA's Economic Development committee held business coffees monthly in 2016, and will continue those events in 2017. This provides an opportunity for business and non-profit organizations to network, showcase their organization, and find ways to collaborate. The next edition of the Business Directory will be available in early 2017 (we apologize for the delays...we really wanted to get it out in 2016).

EVA partnered with the Mascoma Lakeside Park committee and the Town of Enfield to support the development of the new lakeside park. There is a small boat launch there as well as picnic tables, access to the Rail Trail, and access to the lake for all 4 seasons. Keep your eyes open for opportunities to get involved as this park evolves into a great community resource.

A sincere thank you to the board members who have spent countless hours across many years and who are retiring from the board this year : Debra Ford, Scott Osgood, and Dolores Struckoff.

And a warm welcome to our new members this year: Meredith Smith, Terri Lynch and Janet Lovely.

Sincerely,
Kim Quirk



Kimberley Quirk, President
Harry Trumbull, Secretary
Gary Gaudette, Treasurer
Meredith Smith, Selectboard Liaison
Doug Smith, Member
Sharon Carr, Member
Terri Lynch, Member
Janet Lovely, Member



STATE OF NEW HAMPSHIRE
Executive Council

JOSEPH D. KENNEY
EXECUTIVE COUNCILOR
DISTRICT ONE



STATE HOUSE ROOM 207
107 NORTH MAIN STREET
CONCORD, NH 03301
(603) 271-3632

As I start my 4th year of service to you and the State of New Hampshire in Council District 1, I am grateful, committed and honored to serve you.

I continue to work with the Governor, Council and Legislature on the important issues impacting the State. The Heroin and Opioid epidemic has been the number one issue. The Council has supported over \$25 million in contracts for prevention, treatment and recovery programs. In addition, the Council supported several millions of dollars for Law Enforcement Operation of Granite Hammer to interdict and prevent drug smuggling.

Economic development is still my top priority for the Northern most Council District and I will work with community and business leaders to assist in the creation of jobs and economic opportunity. I am committed to the Balsams project in Dixville Notch and I worked to form a nine member Laconia State Property Committee to support the Executive Branch with the future sale of that property. Good news stories include the expansion of Vermont NSA manufacturing into Groveton to create over 70 jobs, the expansion of River Valley Community College into the old Lebanon College building in Lebanon and the new addition of the \$7 million Marine Patrol Headquarters Building in Gilford.

I join with the NH Congressional Delegation - Senator Jeanne Shaheen, Senator Maggie Hassan, Congresswoman Annie Kuster and Congresswoman Carol Shea-Porter in working with other New England states and our northern Canadian friends to seek economic opportunities and relationships.

The Ten Year Transportation Improvement Plan process working with the Department of Transportation and the Regional Planning Commissions was completed upon passage by the Legislature and signature of the Governor in June. The plan focuses on preservation, maintenance and safety of existing pavement and bridge infrastructure throughout the State. The US Congress passed the Fixing America's Surface Transportation (FAST) Act, which provides increased federal funding to the State of New Hampshire over the next five years. Contact William Watson at NH DOT for any additional details at 271-3344 or bwatson@dot.state.nh.us.

The 2017 session of the NH House and Senate will address legislation that deals with the heroin and opioid crisis, sustainment of Medicaid expansion,



federal health care opportunities and funding, business and workforce development. Again, I'll be watchful of proposed legislation passing costs on to the county and local levels of government. Stay close to your local state senator and house members.

The Governor and Council are always looking for volunteers to serve on the dozens of boards and commissions. If you are interested, please send your resume to Governor Chris Sununu, State House, 107 North Main Street, Concord, NH 03301 attention Meagan Rose Director of Appointments/Liaison or at (603) 271-8787. A complete list is available at the NH Secretary of State website at www.sos.nh.gov/redbook/index.htm.

My office has available informational items: NH Constitutions, tourist maps, consumer handbooks, etc. I periodically send, via email, a list of my schedule for the week. Send me your email address to be added to the list if you would like at Joseph.Kenney@nh.gov. Contact my office any time I can be of assistance to you.

Serving you,

Joe



Joseph D. Kenney
Executive Councilor
District One

State House Room 207
107 North Main Street
Concord, NH 03301

Joseph.Kenney@nh.gov

(603) 271-3632

Entire Counties of Coos and Grafton, the incorporated place of Hale's Location, the towns of Albany, Alton, Andover, Bartlett, Brookfield, Center Harbor, Chatham, Conway, Cornish, Croydon, Danbury, Eaton, Effingham, Freedom, Gilford, Grantham, Hart's Location, Hill, Jackson, Madison, Meredith, Middleton, Milton, Moultonborough, New Durham, New Hampton, New London, Newport, Ossipee, Plainfield, Sanbornton, Sandwich, Springfield, Sunapee, Tamworth, Tilton, Tuftonboro, Wakefield, Wilmot, and Wolfeboro, and the cities of Claremont and Laconia.



Forest Fire Warden & State Forest Ranger

Over the past two years, New Hampshire has experienced its busiest fire seasons since 1989. 1,090 acres burned during the 2016 season. The White Mountain National Forest experienced its largest fire since becoming a National Forest, burning 330 acres in the town of Albany in November. Fires falling under state jurisdiction burned 759 acres, with the largest fire of 199 acres occurring in Stoddard. The extremely dry summer led to a busy fall fire season with large fires occurring into mid-November. Drought conditions hampered fire suppression efforts and extended the time needed to extinguish fires. Your local fire departments and the Division of Forests & Lands worked tirelessly throughout the year to protect homes and the forests. The statewide system of 16 fire lookout towers continues to operate on high fire danger days. Our fire lookouts are credited with keeping many fires small due to their quick and accurate spotting capabilities. The towers fire detection efforts were supplemented by the NH Civil Air Patrol when the fire danger was especially high.

Many homes in New Hampshire are located in the wildland urban interface, which is the area where homes and flammable wildland fuels intermix. Several of the fires during the 2016 season threatened structures, and a few structures were burned, a constant reminder that forest fires burn more than just trees. Homeowners should take measures to prevent a wildland fire from spreading to their home. Precautions include keeping your roof and gutters clear of leaves and pine needles, and maintaining adequate green space around your home free of flammable materials. Additional information and homeowner recommendations are available at www.firewise.org. Please help Smokey Bear, your local fire department, and the state's Forest Rangers by being fire wise and fire safe!

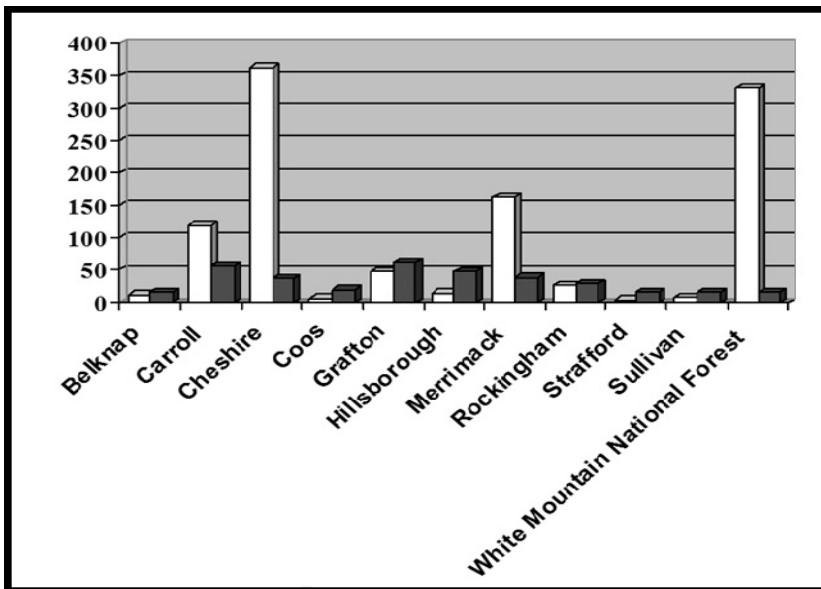
As we prepare for the 2017 fire season, please remember to contact your local Forest Fire Warden or Fire Department to determine if a fire permit is required before doing ANY outside burning. Under State law (RSA 227-L:17) a fire permit is required for all outside burning, unless the ground is completely covered with snow. Fire permits are also available online in most towns and may be obtained by visiting www.NHfirepermit.com. The burning of household waste is prohibited by the Air Resources Division of the Department of Environmental Services (DES). You are encouraged to contact the local fire department or DES at 603-271-3503 or www.des.nh.gov for more information.



Safe open burning requires your diligence and responsibility. Thank you for helping us to protect New Hampshire's forest resources. For more information please contact the Division of Forests & Lands at (603) 271-2214, or online at www.nhdf.org.

2016 WILDLAND FIRE STATISTICS

(All fires reported as of December 2016)



HISTORICAL DATA		
YEAR	NUMBER of FIRES	ACRES BURNED
2016	351	1090
2015	124	635
2014	112	72
2013	182	144
2012	318	206



CAUSES OF FIRES REPORTED (These numbers do not include the WMNF)	
Arson	15
Debris Burning	85
Campfire	35
Children	10
Smoking	12
Railroad	2
Equipment	18
Lightning	9
Misc.*	148

REMEMBER, ONLY YOU CAN PREVENT WILDFIRES!



Grafton County Senior Citizens Council, Inc.

Grafton County Senior Citizens Council, Inc. is a private nonprofit organization that provides programs and services to support the health and wellbeing of our communities' older citizens. The Council's programs enable elderly individuals to remain independent in their own homes and communities for as long as possible.

The Council operates eight senior centers in Plymouth, Littleton, Canaan, Lebanon, Bristol, Orford, Haverhill and Lincoln; and sponsors the Grafton County ServiceLink Resource Center and RSVP and the Volunteer Center. Through the centers, ServiceLink and RSVP, older adults and their families take part in a range of community-based long-term services including home delivered meals, community dining programs, transportation, outreach and counseling, chore/home repair services, recreational and educational programs, and volunteer opportunities.

During 2015-16, 126 older residents of Enfield were served by one or more of the Council's programs offered through the Upper Valley or Mascoma Senior Centers and 87 were assisted by ServiceLink:

- Older adults from Enfield enjoyed 1,259 balanced meals in the company of friends in the centers' dining rooms.
- They received 4,085 hot, nourishing meals delivered to their homes by caring volunteers.
- Enfield residents were transported to health care providers or other community resources on 775 occasions by our lift-equipped buses.
- They received assistance with problems, crises or issues of long-term care through 97 visits with a trained outreach worker and 401 contacts with ServiceLink.
- Enfield's citizens also volunteered to put their talents and skills to work for a better community through 1,337 hours of volunteer service.

The cost to provide Council services for Enfield residents in 2015-16 was \$74,147.97.

Such services can be critical to elderly individuals who want to remain in their own homes and out of institutional care in spite of chronic health problems and increasing physical frailty, saving tax dollars that would otherwise be expended for nursing home care. They also contribute to a higher quality of life for older friends and neighbors. As our population grows older, supportive services such as those offered by the Council become even more critical.



Enfield's population over age 60 has increased by 92% over the past 20 years, according to U.S. Census data from 1990 to 2010.

Grafton County Senior Citizens Council very much appreciates Enfield's support for our programs that enhance the independence and dignity of older citizens and enable them to meet the challenges of aging in the security and comfort of their own communities and homes.

Roberta Berner
Executive Director



P.O. Box 433
Lebanon, NH
03766-0433

Phone: 603-448-4897
Fax: 603-448-3906

Web site: www.gcsc.org

A United Way Agency providing services to older adults in Grafton County



Headrest

Headrest is a nonprofit organization with tax Internal Revenue Service tax-exempt status as a charitable organization and was incorporated in 1972. It was first based in Hanover, NH in the basement of Dartmouth's College Hall. Since the early 1980's 14 Church Street in Lebanon has been the home base for the agency that serves the entire Upper Valley community.

The Headrest mission:

"To assist those who have or are affected by a substance use disorder, experiencing a crisis, or needing support, by providing effective programs and treatment regardless of ability to pay."

Vision:

A supportive community where family, friends and neighbors value the well-being of each person and offer hope to everyone."

Headrest Programs

Headrest offers programs in three areas:

1. The Headrest **Hotline** provides 24/7 access to a trained Hotline Counselor who can address suicide prevention, other mental health crisis, general information and referrals. One of the core functions of the Hotline is suicide prevention that is an issue that faces people of all ages and backgrounds. During the past fiscal year (July 2015 to June 2016) there were a total of 6,513 calls to the Hotline; 918 of those calls were related to suicide. A total of 296 calls overall were from Enfield residents. It is important to note that the Hotline is the gateway to Headrest's other services (Outpatient Counseling and Transitional Living).

The **Hotline** is available to anyone who has access to a telephone. There is a specific phone line for the Teen Hotline to focus on issues of particular concern to adolescents. Headrest is affiliated with the National Suicide Lifeline which is able to route calls from NH and Vermont to Headrest's Hotline. In September 2016, Headrest reached the milestone of 400,000 continuous hours of Hotline service to the community.



- 2. Outpatient Counseling for Substance Use Disorder (SUD).** The Outpatient Counseling program provides counseling to people who are working to address their substance use disorder. The counseling options available include both individual and group sessions and are provided by Licensed Drug and Alcohol Counselors (LADC). Outpatient counseling is available to anyone in the community. Last year a total of 164 individuals participated this Headrest program including 8 Enfield residents.
- 3. Transitional Living Program:** This residential program provides 24/7 support to people who are transitioning from a 28 days treatment program back into the community. Case Managers work with residents to develop a treatment plan that includes a pathway to financial stability and secure housing. Residents generally remain with Headrest for 90 days while they continue to participate in daily alcohol and drug recovery groups, while working to secure employment and long-term housing. There is capacity for 10 adults in residence, including both women and men from NH and VT. (primarily NH).

Last year a total of 51 adults were in residence.



MVHI is a nonprofit public health organization serving the Upper Valley towns of Canaan, Dorchester, Enfield, Grafton, Grantham, Hanover, Lebanon, Lyme, Orange, Orford, Piermont, and Plainfield. Our goal is to protect and promote the health of our community.

Thank you to the residents of Enfield for supporting Mascoma Valley Health Initiative (MVHI) in 2016. Our biggest news is that in October 2016, MVHI became part of the Public Health Council of the Upper Valley (PHC). We have the same Board of Directors, the same staff, and the same mission to protect and promote the health of our community. PHC is still the nonprofit public health organization which has served the towns of Canaan, Dorchester, Enfield, Grafton, Grantham, Hanover, Lebanon, Lyme, Orange, Orford, Piermont, and Plainfield since 2004. We recently expanded our PHC region to cover 22 towns in Vermont.

As one of the State of New Hampshire's thirteen regional public health networks, PHC has quickly become the largest and broadest coalition of advocates on public health issues in the greater Upper Valley region. The PHC is a dynamic organization with the flexibility to forge solutions that respond to the needs of its grassroots members with backing from governmental, philanthropic, and health care institutions. Through regular meetings and ongoing initiatives, the PHC empowers organizations, professionals, and citizens, who together make our communities healthier and better places.

In 2016, PHC staff and partners developed working groups and strategies to address substance misuse, mental illness, and other concerns for the region. The PHC supported a number of collaborative initiatives such as:

- Trained Recovery Coaches to assist people in early stages of addiction recovery;
- Provided supportive housing for pregnant and parenting women in early recovery from opioid addiction;
- Brought Crisis Intervention Team training to law enforcement partners. CIT improves law enforcement responses to people with mental illness;
- Launched a Heat and Older Adults initiative to raise awareness of the health risks of extreme heat and ways to stay safe;



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- Published a guide book to help people find assistance paying for prescription medications;
 - Disseminated information about free flu vaccines to the public. PHC hosted four flu vaccine clinics that provided 836 free flu vaccines to residents aged 10 and older. These clinics were held in Canaan, Enfield, Plainfield, and Orford; and
 - Supported substance abuse prevention initiatives in the Mascoma Valley: 1) Indian River Youth 2 Youth after-school program, and 2) Mascoma Valley Prevention Network, a coalition focused on addressing the behavioral health needs of Mascoma Valley youth. Fifteen youth participated in the Youth 2 Youth program. In the spring, Youth 2 Youth participants conducted the Samantha Skunk smoking prevention program to all kindergartners and first graders at the Canaan Elementary School. MVPN participated in several school and community events to provide information and engage parents.

PHC greatly appreciates the support we receive from Enfield and will continue to work hard to meet your needs in 2017. For more information about PHC, visit us at www.uvpublichealth.org.



Mascoma Valley Parks & Recreation

This year saw the continuation of more than 25 programs and activities, including line dancing, yoga classes and the MVPR Youth Dance Program. We were also able to offer several new programs for adults and youth! For example, in 2016 MVPR successfully hosted Children's Stage Adventures and for the first time offered the "MVPR Youth Theatre Camp". Our one-week camp featured 48 students, Kindergarten – 8th grade, from Canaan, Enfield, Grafton, Orange and Dorchester, as well as Lebanon and Hanover. Throughout the week, our students participated in different "Theatre Workshops", learned their lines and songs, and wrapped up an amazing week with two community performances of "The Elves and the Shoemaker". It was an incredible week and we are thankful to Cardigan Mountain School for hosting us. The MVPR Youth Theatre Camp will return in August 2017 and take place in the MVRHS Auditorium. See below for a complete list of our 2016 programs, and look for information on future programs and activities on our Facebook page and in future editions of *Play Mascoma Valley! A Guide to Recreation & Active Living* (PMV). PMV is a brochure that highlights community events in Enfield, Canaan, Dorchester, Grafton and Orange, and provides information on how to register for recreation programs.



2016 weekly programs and activities (continued from 2015):

- Swing Jamie Line Dancing (Thursdays)
- Adult (Over 30) Basketball (Sundays)
- Adult Volleyball (Sundays)
- Afterschool Yoga at Indian River School (Mondays, for teachers & community members)



- Yoga at Shakoma – Beach Yoga (Fridays in the summer and early fall)
- Outdoor Yoga (Wednesdays in the summer and early fall)
- Yoga in Enfield (Wednesdays – throughout the winter)
- Indoor Field Hockey at Grantham Indoor (youth & adult games, Thursdays, Nov. – Dec & Jan. – Mar.)
- Challenger Sports Youth Soccer Camp (British Soccer in July)
- “Pub” Trivia at the Public Library (at Canaan Town Library & Enfield Public Library)
- Indian River Cross Country and Track Program (grades 5-8, Fall & Spring)
- New Hampshire Fisher Cats game (discounted tickets to a game)
- Play Field Hockey! Summer Camp
- Youth Sailing Lessons (in conjunction with the Mascoma Sailing Club)
- Outdoor Movie in the Park (in conjunction with the Enfield Police Department)
- Quilt Retreats/Classes (in conjunction with Graham Hill Studios)
- 4th Annual “4 for the 4th Road Race” (in conjunction with Social-Summit Lodge #50)
- MVPR Youth Ski and Ride Program (January – March at Whaleback Mountain)
- Elementary Cross Country Skiing (Wednesdays in January)
- Modern Dance – 9th grade through adult (Mondays)
- Tap Dance – 7th grade and up
- Elementary Dance – K through 6th grade (Fridays)
- Mat Yoga (Thursdays)
- Afterschool Crochet Club (IRS on Wednesdays)
- Eating, Breathing and Yoga to Boost Your Immune System Workshop
- Mascoma Valley Guitar Orchestra (Sundays)

2016 NEW weekly programs, activities and events:

- Yoga & Chocolate Workshop
- Barre Yoga (Thursdays)
- MVPR Youth Theatre Camp (K – 12, one week in August)
- MVPR Youth Dance Camp (one week in the summer)



Thank you to the Byrne Foundation and the towns of Canaan and Enfield for their continued financial support of the Regional Recreation Coordinator position. Thank you as well to Dartmouth Hitchcock/UV HEAL, Mascoma Savings Bank Foundation and Children's Fund of the Upper Valley for their past support. I would also like to thank all our program volunteers, instructors and the individuals who participated in an MVPR program, activity or event. Your support and participation makes it possible for us to continue to offer our current programs as well as more in the future! I look forward to seeing many of you at a future program, event or activity.

Respectfully Submitted,

Katharine Lary Jopek
Regional Recreation Coordinator
Mascoma Valley Parks & Recreation



Shaker Field Dog Park

After a year and half of operation, the Shaker Field Dog Park has become an Enfield fixture with visitors keeping the parking lot full especially in the late afternoon and on weekends. Thanks to funds available from membership fees and donations, a hand-pumped artesian well was installed last spring and this winter the parking lot was regularly plowed and paths shoveled. Twenty volunteers have kept the park clean and in good repair and are always ready to answer questions and acquaint newcomers with safe practices. In July, 10 volunteers participated in a Park Ambassador training with dog behavior consultant Michelle Grimes. Michelle provided education on dog body language and behavior and when and how to intervene. Volunteers and their dogs marched in the Old Home Days Parade and participated in Lebanon Recreation Department's Paws in the Pool event. The now annual Bark-toberfest event in mid-October included raffles, door prizes, goodie bags, and treats for dogs and people. A generous donation by the Bryne Foundation to the Mascoma Valley Dog Park Supporters will allow installation of permanent informational signs this coming year. For more information about the park and how to become involved go to www.facebook.com/MVDPS and www.mascomavalleydogpark.com.



Respectfully submitted,

Marcia Herrin

Marcia Herrin, President
Mascoma Valley Dog Park Supporters





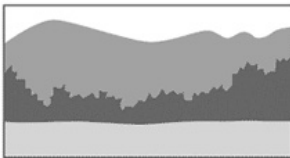
Smith Pond Shaker Forest

An update from the Upper Valley Land Trust

A year ago, the Upper Valley Land Trust purchased 995 acres of forestland that connects two large parcels owned by NH Fish and Game to create one contiguous forest block of over 5000 acres, the centerpiece of which is 63-acre Smith Pond. This property has been a longstanding conservation priority for both public agencies and private conservation groups because of its outstanding natural resources and habitat values. Planning for the remediation of logging impacts and improving trail signage and parking from Route 4-A will begin this spring, along with mapping of natural and historic resources, a study of forest birds, and other outdoor activities. A partnership with the Enfield Shaker Museum will interpret the stonework remnants of the historic canal system that once laced our property. If you would like to learn more and get involved in the stewardship of this amazing property, email the Upper Valley Land Trust at smithpond@uvlt.org



Big Dog Falls (left); Smith Pond (above)



UPPER VALLEY LAND TRUST



Extension

University of New Hampshire Cooperative Extension's mission is to provide New Hampshire citizens with research-based education and information, to enhance their ability to make informed decisions that strengthen youth, families and communities, sustain natural resources, and improve the economy.

Here are some of our noteworthy impacts during the past calendar year:

- Jim Frohn completed the County Forest timber sale. 1,418 cords were harvested for a net revenue of \$36,673 (127% of projected) and \$2,963 in tax revenue for the town of Haverhill.
- Michal Lunak continued work on a three year research project funded by the Tillotson Charitable Foundation looking at the economic feasibility of producing dairy beef in the North Country.
- Lisa Ford taught 350 youth about food groups, food safety, and physical activity.
- Donna Lee received a grant to fund an undergraduate Student Intern to host a Sheep Exploration Day for youth in the county and assist with 4-H activities at the North Haverhill Fair.
- Geoffrey Sewake collaborated on the New Hampshire First Impressions Program in Littleton using a secret shopper model to advance community development and on a multi-partner workforce-focused business outreach program in Lincoln and Woodstock.
- Jessica Sprague presented Safety Awareness in the Food Environment training to over 217 food service employees and volunteers and taught ServSafe® classes to 93 individuals.
- Heather Bryant collaborated with the Grafton County Farm and Conservation District, and the Natural Resources Conservation Service on a cover crop demonstration at the Farm.
- With help from Becky Colpitts, Grafton County welcomed 13 new Master Gardener volunteers.

Be sure to look for us on Facebook and Twitter and on-line at www.extension.unh.edu



UPPER VALLEY LAKE SUNAPEE REGIONAL PLANNING COMMISSION

10 Water Street, Suite 225, Lebanon, NH 03766 603-448-1680

Serving 27 communities in Grafton, Sullivan and Merrimack Counties since 1963, the Upper Valley Lake Sunapee Regional Planning Commission (UVLSRPC) has been providing professional planning assistance to municipal boards, along with inter-municipal planning, liaison between local and state/federal agencies, and assistance on development, public health, and environmental issues.

In 2016 Executive Director Nate Miller became the Transportation Planner at Southern New Hampshire Regional Planning Commission, and Senior Planner Mike McCrory joined the City of Claremont as their new City Planner. We appreciate their contributions, and we do miss them.

Highlights of our work and accomplishments in 2016 include:

- Responded to more than 150 requests from our towns and cities for technical assistance.
- Provided five Household Hazardous Waste Collections that served approximately 1,000 households.
- Performed Community Readiness health assessments with Enfield, Lebanon, and Newbury.
- Initiated a regional Brownfields identification, assessment, and remediation planning program.
- Trained local staff about environmentally responsible transfer station practices.
- Conducted eleven school chemical site evaluations.
- Updated local Hazard Mitigation Plans with Claremont, Cornish, and Lebanon.
- Helped Unity, Washington, and Claremont update their Local Emergency Operations Plans.
- Assisted efforts toward a Sullivan County Comprehensive Economic Development Strategy.
- Began the 2019-2028 Ten-Year Transportation Improvement Plan to identify and prioritize regional infrastructure improvements to be funded and constructed by NHDOT.



- Helped to identify transit and paratransit issues in Sullivan County, to restore needed mobility services, and to coordinate planning for improved public and human services transportation.
- Conducted more than 110 traffic counts across the region.
- Developed Acworth's Road Surface Management System.
- Led transit feasibility study along the I-89 corridor linking New London, Lebanon, and Hanover.
- Assisted Lebanon, Hanover, and Advance Transit with public transit signal prioritization analysis.
- Helped Lebanon with funding requests for Route 120 pedestrian and bicycle improvements.
- Provided assistance to Enfield Shaker Village and Lake Sunapee Scenic Byway committees.
- Provided Circuit Rider planning staff assistance to Orford, Springfield, Claremont, and Wilmot.
- Helped Unity, Springfield, Newport, and Claremont to comply with new Accessory Dwelling law.
- Began the Wilmot Master Plan with completion of the Community Survey.
- Began the Transportation Chapter of Claremont's Master Plan; resumed the city's Rail Trail study.
- Helped Planning Boards to evaluate Projects of Regional Impact.
- Provided administrative and staffing assistance to the Connecticut River Joint Commissions.

Please contact us at (603) 448-1680 or jedwards@uvlsrpc.org, to share your thoughts and suggestions.

It is a pleasure to serve the municipalities of this region. Thank you for your support over the decades.

Jonathan Edwards, Interim Director



Visiting Nurse & Hospice of VT and NH

Home Health, Hospice and Maternal Child Health Services in Enfield, NH

Visiting Nurse and Hospice for Vermont and New Hampshire (VNH) is a compassionate, non-profit healthcare organization committed to providing the highest quality home health and hospice services to individuals and their families. VNH provides care for people of all ages and at all stages in life, and delivers care to all, regardless of ability to pay.

VNH services reduce costs associated with town programs for emergency response and elder care. With quality care provided at home, there is less need for costly hospital and emergency room trips. And with VNH support, residents can age in place rather than relocating to a state or local nursing home.

Between July 1, 2015 and June 30, 2016, VNH made 1,890 homecare visits to 93 Enfield residents. This included approximately \$80,445 in unreimbursed care to Enfield residents.

- **Home Health Care:** 1,446 home visits to 82 residents with short-term medical or physical needs.
- **Hospice Services:** 411 home visits to 5 residents who were in the final stages of their lives.
- **Maternal and Child Health Services:** 33 home visits to 6 residents for well baby, preventative and palliative medical care.

Additionally, residents made visits to VNH wellness clinics at local senior and community centers throughout the year, receiving low- and no-cost services including blood pressure screenings, foot care, cholesterol testing, and flu shots.

Enfield's annual appropriation to VNH helps to ensure that all have access to quality care when and where it is needed most. On behalf of the people we serve, we thank you for your continued support.

Sincerely,

*Jeanne McLaughlin,
President & CEO (1-888-300-8853)*



WISE leads the Upper Valley to end gender-based violence through survivor-centered advocacy. WISE is the Upper Valley's only provider of crisis intervention services to victims of domestic and sexual violence. Every day of the year, WISE provides a free confidential crisis line, a confidential emergency shelter, and victim in-person advocacy at emergency rooms, police stations, and courthouses. WISE works with over 1,000 victims yearly on crucial safety planning, transitional housing, legal aid, and provides healing support through writing groups; yoga classes; sobriety meetings; and therapeutic riding experiences.

The WISE Safe Home houses victims fleeing domestic or sexual violence and remains consistently full. The peaceful environment protects women and children, promoting concentration on legal and logistical issues, regaining independence, and on healthy parenting. WISE's website (www.WISEuv.org) has important resources identifying intimate partner violence, how to increase personal safety, and guidance in supporting a loved one experiencing domestic violence, sexual abuse, or stalking.

WISE teaches law enforcement and medical professionals to identify victims at high risk for intimate partner homicide; those so identified are immediately referred to WISE. WISE's prevention education program is taught to Enfield students at the Indian River Middle School and at Mascoma Valley Regional High School through their health and guidance classes, and to community adults, and others.

Supporting individuals in crisis, in confidence, and educating citizens is crucial to eliminating domestic violence and abuse. WISE remains grateful for financial support as it helps to assure WISE services are available to every resident 24 hours of each day.